

## Dementia Community Support Team Southend, Castle Point and Rochford



*Dementia is everybody's business*

The Dementia Community Support Team provides enhanced support to people living with dementia and their carers in Southend, Castle Point & Rochford. This community focused service offers accessible and flexible support tailored to reflect your needs.

If you would like to contact us please call 01702 534772 or email [dementiacommunitysupport@southend.gov.uk](mailto:dementiacommunitysupport@southend.gov.uk)

## How can we help?

Our Team is available to support you and your family throughout the dementia experience, whether you have a diagnosis or are in the process of getting a diagnosis, through to end of life care.

We offer information, practical advice and support to help you understand dementia and the day to day challenges it may bring enabling you to maintain independence and have choice and control over your life.

Our services offer support and guidance through every step of your dementia experience, including hospital inpatient stays and residential care. We are also your crucial link to all health, social care and community support in your area.

Our aim is to help people living with dementia and those who care for them to live well by promoting health, happiness and wellbeing through a variety of ways such as:

- Promote understanding of dementia and the ways in which people can be affected, through information and education.
- Support community services to include people living with dementia in all aspects of community life by creating better access to social opportunities
- Work with all our community partners to build peer led social opportunities which are age appropriate and reflect individual interests and hobbies.
- Encourage all businesses, health, social care, voluntary and private organisations to sign up to the Southend, Castle Point and Rochford District Dementia Action Alliance to continue to grow our Dementia Friendly Communities
- Provide Dementia Friends information sessions and other learning opportunities for professionals and the public